

2022 English Championships Podium Training

WAG 19:00			
	Start	Duration	End
General	19:00	10	19:10
1	19:10	21	19:31
2	19:31	21	19:52
3	19:52	21	20:13
4	20:13	21	20:34
	VT	UB	BB
1	WAG A	WAG B	WAG C
2	WAG D	WAG A	WAG B
3	WAG C	WAG D	WAG A
4	WAG B	WAG C	WAG D

	Start	FX WAG	End
	Start	Duration	End
WAG D	19:10	14	19:24
WAG C	19:33	14	19:47
WAG B	19:56	14	20:10
WAG A	20:19	14	20:33

	FX MAG	End	
Start	Duration	End	
19:24	9	19:33	MAG A
19:47	9	19:56	MAG B
20:10	9	20:19	MAG C

MAG 19:00			
Start	Duration	End	
19:00	10	19:10	General
19:10			
Open warmup			
		20:34	

WAG 20:00			
	Start	Duration	End
General	20:34	10	20:44
WAG E Open	20:44	30	21:14

	Start	FX WAG	End
	Start	Duration	End
WAG E	20:44	15	20:59

	FX MAG	End	
Start	Duration	End	
20:59	15	21:14	

MAG 20:00			
Start	Duration	End	
20:34	10	20:44	General
20:44	30	21:14	MAG E Open

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WAG 19:00

WAG A	
Dynamo	7
Aylesbury	4
Corby	2
Europa Centre	1
Vernon Park	1

MAG 19:00

MAG A	
City Of Manchester	3
Falcons	2
Pipers Vale	6
Portsmouth	3

MAG & WAG 20:00

MAG E 20:00	
Bulmershe	1
Bury	1
City Of Newcastle	3
Earls	3
Heathrow	5
Huntingdon Olympic	4
City of Birmingham	5

WAG B

Appley Bridge	2
City Of Manchester	1
Coalville	1
Leeds	3
South Essex	7

MAG B

Manchester	2
Notts	8
Pegasus	4

WAG E 20:00

City of Lisburn Salto	1
Basingstoke	2
Heathrow	1
Loughborough Students	3
Plymouth Swallows	1

WAG C

Pipers Vale	4
Portsmouth	2
South Essex	3
The Academy	3
The Meapa	2

MAG C

Leeds	5
Loughborough Student	6
Rugby	1
South Essex	4

WAG D

Amber Valley	4
City Of Newcastle	2
Gymmagic	1
Notts	2
Pegasus	1
Robin Hood	2
Rugby	1
Warrington	1

No Podium WAG

City of Glasgow	3
Colchester	1
Dynamic	1
Ellan Vannin	3
Garstang	1
Hinckley	1
Kettering	1
Manx	2
Park Wrekin	5
Tolworth	3

No Podium MAG

Basingstoke	3
Bristol Hawks	1
City of Glasgow	3
City of Lisburn Salto	4
Garstang	1
Hawth	1
Hinckley	1
Manx	1
Retford	1
Swindon	1

Uttoxeter	4
West Lothian	1
Witham Hill	1

Tolworth	4
West Lothian	2
Woking	8